

# ALLERGEN GUIDE

## FOR USE IN BAHRAIN LOCATIONS ONLY

	NUTS	PEANUTS	SESAME SEEDS	MILK	EGG	LUPIN	SOYA	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEANS	CELERY	MOLLUSCS	SULPHUR DIOXIDE AND SULPHITES	MUSTARD
<b>MEAT</b>														
Beef burger Patty				1			1							1
Hot Dog				1			✓							✓
<b>BUN</b>														
Burger Bun			✓	✓	✓		✓	✓ WHEAT						
Hot Dog Bun			2	✓	✓		✓	✓ WHEAT						
<b>FRIES</b>														
Fries - COOKED IN PEANUT OIL		✓									1			
Cajun Seasoning											✓			
<b>TOPPINGS</b>														
A.1.® Original Steak Sauce														
BBQ Sauce											✓			✓
Cheese				✓			1							1
Green Peppers														
Grilled Mushrooms			1	1	1		1	1						1
Hot Sauce														
Jalapeno Peppers														
Tomato Ketchup											✓			
Lettuce														
Mayonnaise					✓									✓
Mustard														✓
Onions														
Grilled Onions			1	1	1		1	1						1
Pickles														✓
Relish														
Tomatoes														
<b>MILKSHAKES</b>														
Five Guys Milk Shake Base		1		✓			1	1						
Whipped cream		1		✓			1	1						
Banana		1		1			1	1						
Chocolate		1		✓			✓	1						
Cherry		1		1			1	1						
Coffee		1		1			1	1						
Malted Milk		1		✓			1	✓ WHEAT, BARLEY						
Oreo® Cookie Pieces		1		1			✓	✓ WHEAT						
Peanut Butter		✓		1			1	1						
Salted Caramel		1		✓			2	1						
Strawberry		1		1			1	1						
Vanilla Syrup		1		1			1	1						
<b>OTHER ITEMS</b>														
Bulk Peanuts without shell		✓												
Malt Vinegar								✓ BARLEY						
<b>DRINKS (FREESTYLE AND BOTTLED) - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine</b>														

✓ Contains this allergen.

1 Not suitable for this allergen sufferers due to preparation and/or cooking methods used.

2 Not suitable for this allergen sufferers due to manufacturing methods.

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Five Guys Holdings, Inc. makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys International will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant.

## INGREDIENTS GUIDE FOR USE IN BAHRAIN LOCATIONS ONLY

<b>MEAT</b>	
Beef Burger Patty	Ground Beef
Hot Dog	Beef, Water, Contains 2% Or Less Of: Salt, Sodium Lactate, Spice, Hydrolyzed SOY Protein, Paprika, Sodium Diacetate, Garlic Powder, Sodium Erythorbate, Sodium Nitrite, Flavorings (Ground <b>MUSTARD</b> , Garlic Powder, Coriander, Nutmeg, Capsicum, White Pepper)
<b>BUN</b>	
Burger Bun	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour, Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>SESAME</b> seeds, Salt, <b>SOYA</b> flour, acidity regulator: Calcium Carbonate, Spirit vinegar
Hot Dog Bun	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour, Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , Salt, <b>SOYA</b> flour, acidity regulator: Calcium Carbonate, Spirit vinegar. May contain <b>SESAME</b> seeds
<b>FRILES</b>	
Fries - Cooked in <b>PEANUT</b> Oil	Potatoes, <b>PEANUT</b> oil, Salt
Cajun Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Cayenne Pepper, <b>CELERY</b> Seeds, Rapeseed Oil
<b>TOPPING</b>	
A1:0 Original Steak Sauce	Tomato Puree (Water, Tomato Paste), Distilled Vinegar, Corn Syrup, Salt, Raisin Paste, Crushed Orange Puree, Spices And Herbs, Dried Garlic And Onion, Caramel Color, Potassium Sorbate (To Preserve Freshness), Xanthan Gum
BQ Sauce	Distilled Vinegar, Tomato Paste, High Fructose Corn Syrup, Water, Corn Syrup, Salt, <b>MUSTARD</b> Bran, Molasses, Spices, Onion Powder, Sodium Benzoate (As A Preservative), Garlic Powder, Sugar, <b>CELERY</b> Seed And Natural Flavors
Cheese	Cheedar Cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), <b>MILK</b> Proteins, Whey powder ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring ( <b>MILK</b> ), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anti-caking agent: Sunflower Lecithin
Green Peppers	Green Peppers
Grilled Mushrooms	Mushrooms, Onion, Sugar, High Fructose Corn Syrup, Salt, Citric Acid, Ascorbic Acid, Sodium Benzoate, Potassium Sorbate.
Hot Sauce	Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Natural Flavor, Garlic Powder
Jalapeno Peppers	Jalapeno Peppers
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts ( <b>CELERY</b> )
Lettuce	Lettuce
Mayonnaise	Soybean oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground <b>MUSTARD</b> seeds, antioxidants (calcium disodium EDTA), spice
Mustard	Spirit Vinegar, Water, <b>MUSTARD</b> Seed, Salt, Turmeric, Paprika, Spice, Flavoring, Garlic Powder
Onions	Onions
Pickles	Cucumbers, Water, Spirit vinegar, Salt, firming agent: Calcium Chloride, preservative Sodium Benzoate, Dill Flavoring and other flavorings ( <b>MUSTARD</b> ), emulsifier: Gum Arabic
Relish	Cucumbers, Corn Syrup, Water, High Fructose Corn Syrup, Vinegar, Salt, Xanthan Gum, 0.1% Sodium Benzoate (Preservative), Calcium Chloride, Alum, Natural Flavors, Poly sorbate 80, Yellow 5, Malbol
Tomatoes	Tomatoes
<b>MILKRAKES</b>	
Five Guys Milk Shake Base	Reconstituted Skimmed <b>MILK</b> , Cream ( <b>MILK</b> ), Sugar, Water, Dextrose, <b>MILK</b> Solids, Emulsifiers: Mono and diglycerides of fatty acids, Propylene glycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavoring
Whipped cream	Cream ( <b>MILK</b> ), propellants: N2O, N2; emulsifier: Mono-and Diglycerides; stabiliser: Carrageenan
Banana	Banana, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Chocolate	Banana, Water, Invert Sugar, Cocoa Processed with Alkali, Unsweetened Chocolate, Extracts of Oregano, Flaxseed, and Plum (to preserve freshness), <b>SOY</b> Lecithin, Glucose Syrup, Plain Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Natural Vanilla Flavoring, Fat Reduced Cocoa powder, stabiliser, Modified Waxy Maize Starch, Sweetened Condensed Skimmed <b>MILK</b> , Butter ( <b>MILK</b> ), Emulsifier: Hydroxypropylmethylcellulose, Natural Flavouring, preservative: Potassium Sorbate.
Cherry	Cherries, Sugar, Water, Glucose syrup, Sour Cherry Juice, coloring: Anthocyanins, acidity regulator: Citric Acid, Flavorings
Coffee	Coffee, Water
Malted Milk	<b>WHEAT</b> flour (Contains Calcium Carbonate, Ferric Pyrophosphate, Niacin and Vitamin B1), Malted <b>BARLEY</b> , Dried Skimmed <b>MILK</b> , Dried Whey ( <b>MILK</b> ), Sugar, <b>MILK</b> proteins, Calcium Carbonate, Palm oil, Salt, Vitamins (C, Niacin, E), Panthothenic Acid, B6, B2, B1, Folic Acid, A, Biotin, D, B12)
Oreo® Cookie Pieces	<b>WHEAT</b> Flour, Sugar, Palm oil, Fat Reduced Cocoa Powder, <b>WHEAT</b> Starch Glucose-Fructose syrup, Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: <b>SOYA</b> Lecithin, Sunflower Lecithin, Flavoring, Vanillin
Peanut Butter	Dry Roasted <b>PEANUTS</b> , Sugar, <b>PEANUT</b> Oil, and Salt
Salted Caramel	Corn syrup, High fructose corn syrup, Sugar, Non-Ia <b>MILK</b> , Heavy cream ( <b>MILK</b> ), Salt, natural flavor: Pectin, Disodium Phosphate, May contain, <b>SOY</b> .
Strawberry	Strawberry, Lemon Juice, Sugar, Pepsin, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Vanilla Syrup	Sugar, Water, Natural Flavor, Vanilla Extracts, Concentrated Lemon Juice, Preservative: E202
<b>OTHER ITEMS</b>	
Bulk Peanuts, without shell	<b>PEANUTS</b> , Salt
Malt Vinegar	<b>BARLEY</b> Malt Vinegar, <b>BARLEY</b> Malt Extract
<b>DRINKS (FREESTYLE AND BOTTLED)</b> - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine	
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